## Teddy B. Sim Jr, DC

# Chiropractic Physician 8560 South Eastern Avenue, Suites 150 & 160 Las Vegas, NV. 89123

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### WORK EXPERIENCE

Owner and Chiropractic Physician, ChiropracTED, LLC, 8560 South Eastern Avenue, Suite 150, Las Vegas, NV, September 2014- Present

Lead Associate Chiropractor, Neck and Back Clinic, Downtown Las Vegas, NV 2013-July 2014

Lead Associate Chiropractor, Mountain West Chiropractic, Green Valley, NV 2011-2013 Group Fitness Instructor, Zumba ® and Turbo Kickboxing, Las Vegas, NV 2011-Present 24 Hour Fitness, Gold's Gym and Las Vegas Athletic Club

Librarian Technician, University of Western States, Portland, OR 2007-2010

Medical Technician, Oregon Air National Guard, Portland, OR 2007-2010

US Air Force Honor Guard, Oregon Air National Guard, Portland, OR 2008-2010

Transportation Security Officer, Las Vegas International Airport, Las Vegas, NV 2006-2007

Aeronautical Multimedia Specialist, US Air Force, Hurlburt Field, FL 2001-2005

## **EDUCATION AND LICENSURE**

Doctorate of Chiropractic, University of Western States, Portland, OR. 2010

Doctor of Chiropractic, Licensed in the State of Nevada, License #B 01445, 2012-Present

Bachelors of Science, Kinesiological Sciences, UNLV, Las Vegas, NV 2006

Bachelors of Science, Human Biology, UWS, Portland, OR 2010

Associate of Applied Science, Industrial Management, NWS, Niceville, FL 2007

Associate of Applied Science, Multimedia, CCAF, Montgomery, AL 2007

National Board of Chiropractic, Part I, 2006

National Board of Chiropractic, Part II, 2007

National Board of Chiropractic, Part III, 2008

Certificate of Physiotherapy, University of Western States, 2007

National Board of Chiropractic, Part IV, 2009

Licensed Zumba Fitness Basic 1, IDEA Fitness Convention 2011, Los Angeles, CA 2011

Licensed Zumba Fitness Basic 2, Las Vegas, 2012

Licensed Zumba Fitness Aqua, Las Vegas, 2012

Licensed Zumba Fitness Toning, Zumba Fitness Convention 2012, Orlando, FL 2012

Licensed Zumba Fitness Atomic, Zumba Fitness Convention 2012, Orlando, FL 2012

Licensed Zumba Fitness Sentao, Zumba Fitness Conference 2012, Los Angeles, CA 2012

Licensed Zumba Fitness Step, 24 Hour Fitness 2013, Los Angeles, CA 2012 Licensed

Zumba Fitness Kids, Zumba Fitness Conference 2013, Los Angeles, CA 2012 Certified

Group Fitness Exercises, IDEA Fitness Convention 2011, Los Angeles, CA 2011

Certified Schwinn Cycling, IDEA Fitness Convention 2011, Los Angeles, CA 2011

Certified Silver and Fit, Las Vegas NV 2012 Certified Turbo Kickboxing, Las Vegas NV 2012 Spine Research Institute of San Diego Certificate of Completion, CA 2016

### CONTINUING POSTGRADUATE EDUCATION

Erchonia cold laser therapy, "Wow Factor", An in-depth understanding of the protocols in utilizing low level laser with acute trauma, cranial nerve up, regulation, upper and lower extremity condition, chronic low back pain, wellness protocols, sport injuries, cervical and whiplash conditions, Northwestern Health Sciences University, Department of Continuing Education, Bloomington, MN 2013

Cervical Rehabilitation, Chiropractic Biophysics, 1. Introduction to Structural Rehabilitation of the cervical spine. 2. Cervical spine posture analysis and radiographic coupling patterns. 3. Cervical lordosis-A review of the literature w/ medical necessity of a normal curve. 4. Cervical extension traction-A historical review of different methods. 5. Mirror-image postural exercises of the cervical spine. 6. Managing cervical spine curve abnormalities w/ different types of extension traction. Case Documentation - Protocol of care and case presentation. CBP Seminars Inc. 335 N. Edgewood, Eagle, Idaho 83616 Lumbar Rehabilitation, Chiropractic Biophysics, 1.Lumbar Disorders: Role of Structural Rehabilitation & Ergonomics 2.Posture of the Thorax and Pelvis: Reliability, Validity, & Analysis 3.X-Ray Analysis of the Thoraco-Lumbar-Spine and Pelvis 4.Anatomical Leg Length Inequality: Epidemiology, Analysis, Intervention 5.Lumbar Lordosis: Scientific Evidence & Clinical Relevance Synthesis 6.Mirror Image Exercise:

Thoraco-Lumbar-Pelvic Rehabilitation 7.Dynamic Methods of Postural & Thoraco-Lumbar-Pelvic Correction 8.History of Lumbar Traction 9.CBP Mirror Image Thoraco-Lumbar-Pelvic Traction 10.Epidemiology of Lumbar Scoliosis: What the Clinician Needs to Know 11.Lumbar Scoliosis: CBP Approach to Clinical Assessment &

Management. CBP Seminars Inc. 335 N. Edgewood, Eagle, Idaho 83616

Extremity Mirror Image Adjusting, Chiropractic Biophysics, CBP Technique Mirror Image adjusting procedures and protocols for correcting abnormal rotation and translation postures of the head, ribcage, and pelvis. Learn how to effectively incorporate instrument adjusting utilizing the CBP Mirror Image Technique for the majority of abnormal posture displacements. Also, appropriate utilization of blocks to assist in postural positioning is covered along with the various common posture setups. CBP Seminars Inc. 335 N. Edgewood, Eagle, Idaho 83616

Chiropractic Upper and Lower Extremity. Hand and Foot Adjusting Workshop.

Fenell extremity adjusting technique. This chiropractic extremity technique is a unique.

Fenell extremity adjusting technique. This chiropractic extremity technique is a unique method to manually adjust the upper and lower extremities, that simplifies extremity adjusting for the chiropractor. This course will explain why extremity care is crucial to the DC practice. Dr. Fenell will discuss carpal anatomy, biomechanics and carpal adjusting techniques. He will also present tarsal biomechanics and adjusting. Also to be discussed will be patient education, communication and report of findings. Chiropractic Hand and Foot Clinics of America.

**Impairment Reading Certification**, AMA Guides to the Evaluation of Permanent

Impairment 6th Edition, Clinically coordinating spinal pathology with neurological and functional sequlae including station and gait, migraines, sexual dysfunction, sleep and arousal disorders, paroxysmal disorders, radiculopathic disorders and central nervous system disorders. SMS Post Doctoral Division, New York Chiropractic Council, New York State Department of Education, Long Island NY, 2009.

Whiplash Injury Biomechanics & Traumatology Module 1: Whiplash Advanced Topics- The Fundamental Science. Requisite and comprehensive biomechanics knowledge for forensic experts. Whiplash and brain injuries: the real reasons they are on the rise. The minimal property damage= minimal injury risk myth exposed. In-depth analysis of brain, neck, and cervical spine trauma mechanisms. Soft tissue injuries: a comprehensive and cutting edge analysis. All clinical syndromes and conditions resulting from whiplash (WAD/CAD). What forensic experts need to know wabout the various pain syndromes. Risk assessment: the fundamental key to modern forensic practice. Spine Research Institute of San Diego, Inc. 826 Orange Avenue, Suite 633. Coronado, CA 92118, USA. (2015)

Whiplash Injury Biomechanics & Traumatology Module 2: Management Principles in Personal Injury and Forensic Documentation. In-depth training on all aspects of management of trauma, from beginning to end; a comprehensive primer on crash reconstruction. Auto crash reconstruction in low speed crashes: critical knowledge for today's forensic practitioners. Historical documentation in personal injury and forensic medicine applications. Comprehensive physical examination of whiplash and traumatic brain injury. Special laboratory methods, such as the S-100 protein. The latest radiographic examination methods and analysis techniques. CT examination of brain and soft tissue injuries. MRI examination of brain and soft tissue injuries. Special diagnostic imaging modalities (SPECT, PET, fMRI, MRA, VF, etc) how and when to utilize. Electrodiagnostics (EMG, sEMG, SSEP, VEP, etc) and how to utilize. Rendering a diagnosis/impression in the personal injury or forensic setting; pearls and pitfalls. The state of the injury and implications for case management. Designing a treatment plan and living with guidelines. Important applications of activities of daily living; optimizing outcomes. Chiropractic manipulation, deep tissue massage, and PT Modalities for best outcomes. Spine Research Institute of San Diego, Inc. 826 Orange Avenue, Suite 633. Coronado, CA 92118, USA. (2014)

Whiplash Injury Biomechanics & Traumatology Module 3: Principles of Impairment Rating and Forensic, Critical documentation from day 1; what every persona injury and forensic expert needs to know. The fundamental of expository, scientific writing you were never taught; common do's and donut's. The essential craft of narrative report preparation from A-Z style, strategy, methods, organization and common pitfalls. Incorporating outcomes assessment and inability instruments into your reports (SCL-90-R, Oswestry, Roland-Morris, Rivermead PCS, and more). The application of AMA guidelines in persona linjury and forensic practice. Modern guidelines and pest practices (Presley Reed, Mercy, QTF, ACOEM, Croft); How they are commonly abused and how and when to use them correctly. Crtical rebuttal methods and strategies in today's modern forensic practice. Special software applications; managing data, i information, graphics and saving time. Spine Research Institute of San Diego, Inc. 826 Orange Avenue, Suite 633. Coronado, CA 92118, USA. (2014)

Whiplash Injury Biomechanics & Traumatology Module 4: Medicolegal

Fundamentals for Practitioners and Forensic Experts, Essentials of documentation and records keeping; what you need vs. what you don't. Medical photography; when and how to use it and incorporate it. Taking the pain out of depositions, arbitrations, and testifying in court. Preparing for the classic cross-examination strategies. Critical differences between chiropractic and medical approaches that literally make or break a case. Using evidence effectively; models, charts, diagrams, photos, movies and more. Daubert and Frye rules; how they affect your testimony and how they can exclude opposing experts. Disabusing the MIST myth; Colossus. Learned treatises and reliable authorities; other federal rules of evidence experts should know. Spine Research Institute of San Diego, Inc. 826 Orange Avenue, Suite 633. Coronado, CA 92118, USA. (2014)

### TEACHING/CONSULTING

Chiropractic Clinics/Capstone Programs, 2001-Present

Lead and organized America's largest Zumba ® Class, Las Vegas, NV February 2014 (6, 218 participants; with a total of over 7,000 books donated to the Clark County School District)

Spinal Screenings/ Posture Education and Health talks at: Las Vegas Athletic Club, IRS, Healthy Kids Festival, Sprint, Home & Bridal Expo, Sun City Anthem, YMCA, American Heart Association, etc. 2010- present

Lead Las Vegas largest Zumba ® Event providing canned food for Three Square (over 6,000 canned foods) Silverton Casino and Hotel. March 2011.

My Vegas Magazine- Top 100 Most Successful Men of Las Vegas 2015 and 2016

My Vegas Magazine- "Top Doctor 2014 (on cover of magazine), 2015 and 2016

Congressional Recognition from Congresswoman Shelley Berkley for Dedication and support to education from the Center for Academic Enrichment and Outreach as the McNair Scholar of the Year, 2011

Senatorial Recognition from Senator Dean Heller for coordination the Zumba ® event to "End Strokes" with the American Heart Association, 2013

### PROFESSIONAL MEMBERSHIPS

International Pediatric Chiropractic Association, member, 2017 Lambda Business Association of Las Vegas, member, 2015 Henderson Chamber of Commerce, member 2015

International Chiropractic Association, member, 2006-Present

Ambassador of University of Western States, OR, 2006-2010

Nevada Chiropractic Association; 2010-Present

American Chiropractic Association, Member, 2006-Present

President of the Veterans Group of University of Western States, OR 2006-2010

Coined Zumba ® Fitness Chiropractor 2013-present